



## Camp in Algonquin Park this Summer!

If you are 13 to 17 years old then this is your opportunity to experience the fun, awe, and adventure of the wilderness! Camp Outlook specialises in 9-day canoe trips in Algonquin Park: **this is not a residential camp** (we move to a different campsite within the park everyday). With Camp Outlook, you will have the opportunity to paddle through lakes and rivers and portage through forests, moving from campsite to campsite throughout the backcountry. It will be a challenging experience, but it is also an incredibly rewarding one. No two days on a Camp Outlook trip are the same. One day might be spent winding down a lazy river, with a clear blue sky ahead. The next might find you paddling across a mirror-like lake, or hiking along a forest portage. In between, there are campfires, s'mores, singing, games, and lots of fun and laughter. The days can be very difficult; there are hills that seem to go up forever, heavy packs to carry, and strong winds to paddle against. Still, when you're exhausted from a hard day of tripping, there's nothing like getting into your campsite and going for a swim in the water, capped off with a steaming hot bowl of mac'n'cheese. Before snuggling up in your sleeping bag for the night, you can check out the countless stars in the sky, and sip on some delicious hot chocolate. This is an experience different from anything you've done before!

**It is completely normal to be apprehensive about going on a canoe trip, especially if you've never gone on one before!** Even those of us who've been on many trips sometimes still get nervous the night before leaving. It is totally ok to be nervous to go as long as you're open to trying it out and seeing what it's like! Sometimes certain parts of canoe tripping don't sound very appealing (like eating different food), comfortable (like sleeping in a tent), or easy (portaging can be challenging). But we find that even though canoe tripping can be kind of hard sometimes it's still a really fun and rewarding experience too, and by the end most campers are usually glad that they tried it. **Campers are not required to have any previous camping, canoeing, or wilderness experience in order to participate.** Our trip leaders will be there to help you all throughout the trip!

If you would like to go on a canoe trip with Camp Outlook, please fill in the camper application, information, and waiver forms and send them to us as soon as possible. **Applications are accepted all summer and are scheduled on a first come first serve basis. Our trips can fill up quickly, so please send your application as early as possible.** More information about Camp Outlook is available at [campoutlook.ca](http://campoutlook.ca). If you have any questions or concerns about the program or the forms, please call us at 613-544-6444 or email us at [summer@campoutlook.ca](mailto:summer@campoutlook.ca).

Please read the following pages in detail to learn more about Camp Outlook!

Sincerely,

Bethanie Pelloquin, Camille Sullivan, and Neeshargo Shabnam Kamali

2025 Camp Outlook Summer Camp Directors

Email: [summer@campoutlook.ca](mailto:summer@campoutlook.ca)



Dear Guardian,

We realise that you may be a little unsure of what Camp Outlook is. Hopefully this package will further introduce you to our camp and what we do! When you are filling out these forms please take your time to read every page that is included. There is valuable information in all of them, and the more you understand about Camp Outlook, the better prepared we will be and the more fun your camper will have! We are more than happy to answer any questions, or talk about any concerns. You can contact us at 613-544-6444 or at [summer@campoutlook.ca](mailto:summer@campoutlook.ca).

Thank you,

Bethanie Pelloquin, Camille Sullivan, and Neeshargo Shabnam Kamali  
2025 Camp Outlook Summer Camp Directors

### **What is Camp Outlook?**

Created in 1970 by a Queen's University medical student, Camp Outlook is an independent, community-based, non-profit, charitable organisation, run entirely by volunteers. We believe strongly in the worth and potential of all youth, the power of experiential learning, and the therapeutic value of wilderness tripping. **Our mission is to provide young people a chance to develop their sense of self-worth, inner strength, and capacity to succeed.** To do this we provide youth of all genders, ages 13 to 17, with the opportunity to experience wilderness camping on summer backcountry canoe trips and fall/winter hiking trips and day activities. We use the therapeutic nature of wilderness tripping to provide an environment that allows them to respond to nature's challenges and learn about their own abilities in a team while being supported by trained trip leaders. Teamwork and cooperation are what allows our trips to run smoothly; our trip groups often come back from their adventure as a strong community.

We are accredited by the [Ontario Camps Association](#).

### **What is a summer canoe trip like?**

The average canoe trip consists of nine days of paddling, portaging, hiking, cooking, and setting up and taking down camp. **We are not a residential camp, and we move between campsites on a daily basis.** Canoe trips are extremely physically challenging but they are also a lot of fun and very rewarding, and are filled with swimming, card games, and fireside conversations. Campers do not need to be in top physical fitness to participate, but you should read the Camper Letter of Eligibility to ensure their ability to participate. Our canoe trips maintain a 2-to-1 or better camper-to-trip leader ratio with up to six campers per trip. We run separate trips for boys and girls that are led by co-ed trip leader teams.

### **What if there is an emergency?**

In the rare case of an emergency, we have policies and procedures to help us manage the situation. Our trips are in the Algonquin Provincial Park backcountry canoeing system where there is not easy access to outside help or a way out. To get to an access point we need to paddle and portage to get there, which can often take several days. This means that we can

only send campers home early in exceptional circumstances. Our trip leaders are trained in Advanced Wilderness First Aid and we carry well stocked first aid kits so we are able to manage most injuries in the field and continue on. We also carry a satellite messaging device that can contact outside help in an immediately life threatening situation, but it can still take emergency services 2 to 8 hours or more to get to the group. Conversely, there is no reliable way for us to get in contact with a tripping group while they are in the park.

### **Who leads the trips?**

Every year, Camp Outlook brings together a dedicated group of enthusiastic volunteers eager and ready to contribute their diverse leadership styles to a successful summer. Camp Outlook summer trip leaders go through an intensive 6-week training program during which they are taught all the skills required to safely lead a canoe trip, including Advanced Wilderness First Aid and Bronze Medallion/Cross. Additionally, internally-run workshops and guest speakers provide a forum for developing skills in conflict resolution, low-impact and safe camping, crisis intervention, and assessing emergency situations. Training culminates with an intensive 8-day canoe trip in Algonquin Park, where our trip leaders have the opportunity to hone their skills and become familiar with the area.

All of our trip leaders are at least 18 years of age and are required to provide a satisfactory police vulnerable sector check. Many are post-secondary students or recent graduates from Queen's and other universities and colleges. They come to us from many different places and backgrounds from across Canada, and sometimes the world! They volunteer for 3 very busy full time months of their summer to lead our trips! We hope you like them as much as we do!

### **Who are the other campers?**

Like you, all of our campers are referred to us through a school, social agency, or youth program. Campers are referred to us because they may especially benefit from exploring their strengths and skills along with other youth in the outdoors as part of a supportive and small tripping group community. Our campers come from a diverse range of life experiences from Kingston and the surrounding areas. Most of the time none of the campers on the trip will know each other, unless someone is coming with a friend. **Some of the other campers might have been on canoe trips with us before but usually most have not.** When we schedule the trips we try to create groups who will have fun together and who will learn from each other.

### **What do we need to do to prepare?**

Not much! We provide all the camping equipment and food, along with transportation from the designated pickup points. The only things you will need to bring yourself are your own clothing, shoes, and personal items. We will send you instructions and the packing list when we schedule you for your trip. You can have a look at the Summer Camper Packing List on our website at [campoutlook.ca/summer](http://campoutlook.ca/summer). We are able to provide sleeping bags, rain jackets, warm sweaters, and water bottles for campers who don't already have suitable ones. **You also don't need to know how to canoe or know anything about camping, we will teach you!**

### **What is the cost of Camp Outlook?**

**There is no fee for campers to participate in our programs.** We strive to make Camp Outlook as financially accessible as possible to all campers and so we do not charge anything to go on trip with us. **We do ask that guardians who can afford to do so consider making a donation to Camp Outlook to help keep the program available to all our campers.**

As a small organisation with a limited budget we also recognize that the agencies that refer campers to us also have varying abilities to contribute financially to our programs. As such we do not have a fee to refer campers. **We do ask that the agencies that refer campers to us contribute financially to Camp Outlook whenever possible.**

Because ALL of our trip leaders are volunteers and because we receive many discounts and contributions from generous Kingston businesses and organisations we are able to keep the cost of running our programs very low in comparison to most other canoe tripping programs. As well, we have very few administrative costs and nearly all of our costs are directly related to running our programs; most of our money is spent on transportation, food, park fees, trip leader training, and insurance. **However, it still costs us an average of about \$500 to send one camper on one canoe trip** (for comparison, the fee to go on a 9-day canoe trip at most commercial camps would often be around \$2000). In order to have enough money to run the summer we fundraise year-round. Most of our funding comes from donations made by generous individuals and organisations in the Kingston community. **All donations go directly towards running our programs.**

### **Donation Methods:**

We are able to provide charitable tax receipts for all donations.

**Cheque or Cash** (cheques payable to Camp Outlook)

Please mail donations to **PO Box 811, Kingston ON, K7L 4X6**, or bring them to us in person when you see us next.

**e-Transfer** sent to [bod@campoutlook.ca](mailto:bod@campoutlook.ca)

**Credit/Debit** through CanadaHelps at <https://www.canadahelps.org/en/dn/4528>

Donations made through CanadaHelps will receive a charitable tax receipt directly from CanadaHelps for the amount donated. CanadaHelps retains 3.75% of donations to cover payment processing fees and their administrative costs.

**Monthly Donations can also be set up through CanadaHelps**

Any financial contribution made to Camp Outlook is completely voluntary. **We greatly appreciate any amount you are able to donate.** All donation information is confidential within the administrative team and will not affect the camper's registration or tripping experience. **Please note that we are not able to refund donations for any reason.** Please contact us at 613-544-6444 if you have any questions or to organise a donation.

### **How can you find out more?**

You can find out more by going to [campoutlook.ca/summer](http://campoutlook.ca/summer) where you can see our Camper Packing List and Pre-Trip Info. There's also a [Frequently Asked Questions section](#) that explains different parts of a canoe trip. Here are a few important things for you to know:

- We take a bus ride north to Algonquin Park to start the trip
- There are no cabins, running water, electricity, or cell service on the trips
- Each night we sleep in tents, with sleeping bags and foam mats
- Every day paddle and portage (carry our gear) to a new campsite

If you have any questions please contact us!

### **What trips do we offer?**

We have a few different trip lengths and types:

**Standard Trips:** Almost all of our trips are 9-days long. These are suitable for all age groups, genders, and **both first time and returning campers**. Whoever you are, this is the trip for you!

**6-Day Trip:** A shorter trip with a little less physical challenge for first time campers ages 13 to 14. It is **not** necessary to do this trip before doing a regular 9-day trip.

*The only date for the 6-Day Trip is July 1st to 6th.*

**14-Day Trip:** A longer and more demanding trip for returning campers who love canoe tripping, who would like to explore even more of the park, and are looking for an added physical challenge.

*The only date for the 14-Day Trip is August 3rd to 16th.*

**Leadership Trip:** A 9-day trip to provide returning campers with more responsibility and build leadership skills. Part of the trip may involve being a 'leader-of-the-day' where two campers will team up to lead the group, with help and guidance from the trip leaders.

*The leadership trip will run at the same time as standard 9-day trips, with dates determined by camper availability. Please indicate your interest in the camper application, along with your availability for all the standard 9-day trips.*

Please be aware that we will only be able to run the 6-Day, 14-Day, and Leadership trips if there is interest from enough campers. If there is not then we will have 9-Day trips in their place.

Camper Name:

Camper Year of Birth:

Please print clearly

# Camp Outlook Summer Camper Application Form

Camper Name: \_\_\_\_\_

Birth Date:    YEAR       MONTH       DAY    Gender: \_\_\_\_\_

Primary Contact Person for Camper: \_\_\_\_\_

Contact Phone: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_    Email: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_    Postal Code: \_\_\_\_\_

Have you attended Camp Outlook in the summer or fall/winter before? If so, when?

Would you like to go on trip with a friend? List their name and we will try to put you together, if possible:

**Trip Dates:** Please mark **all** the dates you are available to go on trip.

<p><b>Standard 9-Day Trips:</b> Suitable for both new and returning campers of all ages.</p> <p>_____ July 2 - 10</p> <p>_____ July 6 - 14</p> <p>_____ July 10 - 18</p> <p>_____ July 14 - 22</p> <p>_____ July 18 - 26</p> <p>_____ July 22 - 30</p> <p>_____ July 30 - August - 7</p> <p>_____ August 3 - 11</p> <p>_____ August 5 - 13</p> <p>_____ August 7 - 15</p>	<p><b>Speciality Trips:</b> Please see the descriptions on the previous page.</p> <p><i>The <b>6-Day</b> trip is only available to campers ages 13 to 14 who have never completed a canoe trip with us.</i></p> <p>_____ July 1 - 6 : <b>6-Day</b></p> <p><i>The <b>14-Day</b> and <b>Leadership</b> trips are only available to campers who have previously completed a full 9-Day canoe trip with us.</i></p> <p>_____ August 3 - 16 : <b>14-Day</b></p> <p>_____ <b>Leadership Trip (dates tbd depending on camper interest)</b></p>
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Please select as many dates as possible. We are not always able to run trips for every date. Trips are dependent on the availability of our volunteer trip leaders and interest from campers.

For a variety of reasons, all camper tripping groups are 'single gender', regardless of trip dates. Transgender campers are welcome to go on trip in whichever group they feel most comfortable in. Please contact us so we can discuss with you and we will do our best to put you in a group that would be best for you.

Camper Name:

Camper Year of Birth:

Please print clearly

Campers can be dropped off on the first day of the trip and picked up on the last day of the trip at the following locations (please choose an option for both):

**Kingston** ([Outlook House - 31 Nelson Street](#))

Drop off (6:30am) \_\_\_\_\_ Pick up (7:00pm) \_\_\_\_\_

**Belleville** ([Esso - 6658 Highway 62 North, north of the 401](#))

Drop off (9:00am) \_\_\_\_\_ Pick up (6:00pm) \_\_\_\_\_

**Madoc** ([Esso - 231 Durham Street South, across from the park](#))

Drop off (10:00am) \_\_\_\_\_ Pick up (5:00pm) \_\_\_\_\_

**Bancroft** ([Tim Hortons - 234 Hastings Street North, just south of Home Hardware](#))

Drop off (11:00am) \_\_\_\_\_ Pick up (4:00pm) \_\_\_\_\_

**East Gate** ([Algonquin Park East Gate - Highway 60 at km 56](#))

Drop off (12:30pm) \_\_\_\_\_ Pick up (2:30pm) \_\_\_\_\_

**Applications are accepted all summer and are scheduled on a first come first serve basis. Our trips can fill up quickly, so please send your application as early as possible.**

**The application package has several sections in addition to this one totalling 10 pages, please be sure to fill out and include:**

- this Summer Camper Application Form (3 pages)
- Camper Tripping Agreement (1 page)
- Camper Information Form (4 pages)
- Camper Waiver (2 pages)

Please read everything carefully and be as thorough as possible when completing the application package. Please attach additional information if more space is required.

*Please note, we cannot schedule a camper for a trip until we have ALL completed pages.*

**Please send your forms to us by:** Mail: PO Box 811, Kingston ON, K7L 4X6

Fax: 1-613-706-2172

Email: [summer@campoutlook.ca](mailto:summer@campoutlook.ca) (please attach as a .pdf)\*

*\*Please avoid sending mobile/camera pictures of the forms; we need to be able to print them.*

After we receive your application package we will contact you through the phone and email you put on the previous page to confirm the dates for your trip and to send you our Camper Packing List and Pre-Trip Information. **Please check spam/junk folders as sometimes our confirmation emails end up there.**

If you have any questions or concerns about the program or the forms, or would like us to mail you a paper copy, please call us at 613-544-6444 or email us at [summer@campoutlook.ca](mailto:summer@campoutlook.ca).

Camper Name:

Camper Year of Birth:

Please print clearly

## Questions to be filled out by the Camper:

*(These will not affect your eligibility in any way)*

Why do you want to go on trip with us this summer?

What kind of activities do you like?

Tell us something about yourself that you find interesting:

Are there any big changes happening in your life?

Do you have any experience camping or boating? (campers are **not** required to have any previous experience in order to participate) If so, please describe.

How would you describe your swimming ability? (campers are **not** required to have any previous swimming experience in order to participate) **All campers are required to wear a PFD while swimming and while canoeing, regardless of swimming ability.**

Non Swimmer      Weak Swimmer      Low Endurance      Competent      Very Strong

How do you feel about going on a Camp Outlook canoe trip?

Are you interested in the **14-Day** or **Leadership** trips? Why? *\*The 14-Day and Leadership trips are only available to campers who have previously completed a full 9-Day canoe trip with us\**



Camper Name:

Camper Year of Birth:

*Please print clearly*

# Camp Outlook Camper Tripping Agreement

*To be read and signed by the camper*

In recognition of the realities of backcountry wilderness canoe camping, Camp Outlook's trip leaders and campers will all follow these guidelines while participating in Camp Outlook programs. By reading and signing, campers commit to following these guidelines:

1. To behave respectfully towards fellow campers, the trip leaders, and yourself, and be aware that other campers and trip leaders on the trip may have differing views and opinions than your own.
2. To take part in an equal sharing of responsibilities and duties.
3. To be aware of and work towards creating a judgment-free, positive environment on trip.
4. To be supportive and to ask for support from other campers and the trip leaders in recognition that canoe tripping can be physically, emotionally, and mentally challenging.
5. To communicate issues or problems with other campers and the trip leaders before they become a more serious issue.
6. To maintain important personal care habits (for example, sunscreen, drinking water, eating, sleeping).
7. To understand that there are rules that everyone on the trip must follow at all times to keep yourself and everyone else on the trip safe, to follow these rules, and to respect the trip leaders when they enforce these rules.

**I understand that the following things are prohibited at all times at Camp Outlook:**

- Any form of fighting, violence, or harm against others or yourself
- Any form of kissing or sexual contact
- Any form of verbal or physical harassment, discrimination, abuse, or threats
- Any form of reckless behaviour that puts others or yourself in danger
- Weapons of any kind, or using any item as a weapon
- Alcohol, cannabis, drugs, and any other controlled or illegal substance
- Intentionally damaging the camping gear, the natural environment, or wasting food

**I understand that we will be paddling and hiking between backcountry campsites and sleeping in tents throughout the trip.**

**I have read, understand, and agree to all of the above.**

Camper Signature:	Date:
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Camper Name:

Camper Year of Birth:

Please print clearly

# Camp Outlook Camper Information Form

Camp Outlook involves a strenuous wilderness trip, sometimes several days away from help. While all of our trip leaders are trained in first aid procedures, a full and complete medical history is necessary to plan a safe and enjoyable trip. If possible, have the camper see a doctor for a general check-up before their trip. If you are unsure about any of this information please contact a doctor. **We require ALL information on this form to be completed** before the camper goes on trip. **This form is not designed to exclude campers**, it is to ensure that we are prepared to meet their unique needs. All information in this form is kept confidential within Camp Outlook. **Please ask us if you have any questions or concerns about this form.**

Name on Health Card: \_\_\_\_\_

Ontario Health Card Number: \_\_\_\_\_

Birth Date:    YEAR        MONTH        DAY    Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Does the camper smoke/vape? **YES / NO** If yes, how much? \_\_\_\_\_

\*If yes, does the camper have guardian permission to do so on trip? **YES / NO** Initial: \_\_\_\_\_

Does the camper have an up to date Tetanus vaccine? **YES / NO**

\*The camper must have an up to date [Tetanus](#) vaccine (within the last 10 years) to go on trip.

Is the camper taking any medication, prescription or over-the-counter? **YES / NO**

Medication:	Purpose:	Schedule and Dose:	Possible Side Effects:

*\*All medications are stored by trip leaders in the first aid kit. Campers are not given access to the first aid kit. If the camper carries any rescue medications (eg. Ventolin) it may be more appropriate for them to carry the medication with them, however we must be informed beforehand. Please contact us if any of the medications listed are for rescue/emergency use.*

Please attach additional information if more space is required

Camper Name:

Camper Year of Birth:

Please print clearly

We carry the following over-the-counter medications in our first aid kits. Please circle **YES** if the camper **CAN** be given the medication if necessary or **NO** if they **CAN NOT** be given:

Ibuprofen (Advil): **YES / NO**

Acetaminophen (Tylenol): **YES / NO**

Cetirizine (Reactine): **YES / NO**

Diphenhydramine (Benadryl): **YES / NO**

Dimenhydrinate (Gravol): **YES / NO**

Calcium Carbonate (Tums): **YES / NO**

Calamine lotion (Caladryl): **YES / NO**

Antibacterial creams (Polysporin): **YES / NO**

Does the camper have any allergies (eg. food, bites, stings, plants, drugs)? **YES / NO**

Allergy Cause:	Describe Reaction and Severity:	Treatments:

Does the camper have special dietary needs or restrictions (eg. lactose free, gluten free, vegan)? **YES / NO** If yes, please describe and list any treatments:

Does the camper frequently eat in a picky or restrictive way? Are there certain foods the camper will not eat? (fyi we bring a lot of oatmeal, wraps, raisins, and peanuts) **YES / NO** If yes, please describe and list any treatments:

Does the camper use any sensory or mobility aids (eg. glasses, hearing aid)? **YES / NO** If yes, please describe and list any treatments:

Does the camper experience motion sickness? **YES / NO** If yes, please describe and list any treatments:

Does the camper experience difficulty falling asleep and/or sleeping through the night? Has the camper wet their bed in the last three years? **YES / NO** If yes, please describe and list any treatments:

Does the camper have any history of violence, aggression, and/or sexual misconduct? **YES / NO** If yes, please describe and list any treatments:

Camper Name:

Camper Year of Birth:

Please print clearly

**Does the camper have any of the following conditions:**

<i>Any history of <b>depression, anxiety, disordered eating, self injury, suicidality, running away</b>, and/or other mental health diagnosis?</i>	<b>YES</b>	<b>NO</b>	<i><b>Autism, ADHD, ODD, learning difficulties</b>, and/or other executive functioning and/or behavioural diagnosis?</i>	<b>YES</b>	<b>NO</b>
<i>Any <b>recent or recurring injuries</b> (eg. twisted ankles, back pain, blisters, sunburns)?</i>	<b>YES</b>	<b>NO</b>	<i><b>Asthma</b> and/or other lung/respiratory conditions and/or surgeries?</i>	<b>YES</b>	<b>NO</b>
<i>Any <b>infections</b> within the past 6 months (eg. chickenpox, meningitis)?</i>	<b>YES</b>	<b>NO</b>	<i><b>High blood pressure</b> and/or other heart/cardiovascular conditions and/or surgeries?</i>	<b>YES</b>	<b>NO</b>
<i><b>Arthritis, eczema</b>, and/or other bone/joint/muscle/skin conditions and/or surgeries?</i>	<b>YES</b>	<b>NO</b>	<i><b>Ulcers</b> and/or other stomach/intestinal/digestive conditions and/or surgeries?</i>	<b>YES</b>	<b>NO</b>
<i><b>Epilepsy</b> and/or other neurological conditions and/or surgeries?</i>	<b>YES</b>	<b>NO</b>	<i><b>Bladder infections</b> and/or other kidney/bladder/urinary conditions and/or surgeries?</i>	<b>YES</b>	<b>NO</b>
<i><b>Diabetes</b> and/or other metabolic conditions and/or surgeries?</i>	<b>YES</b>	<b>NO</b>	<i>Any other medical condition and/or surgery not listed above?</i>	<b>YES</b>	<b>NO</b>

If **YES** to any of the above, please describe and list any treatments:

Camper Name:

Camper Year of Birth:

Please print clearly

Is the camper pregnant? **YES / NO** If yes, please consult a doctor about safety considerations.

**I give permission for Camp Outlook to contact the camper's doctor(s) if needed.**

Doctor Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

We REQUIRE 2 separate emergency contacts, living at different addresses (eg. relative, neighbour, friend, social worker) **who will be available while the camper is on trip.**

	PRIMARY CONTACT	2nd EMERGENCY CONTACT
Name		
Relation to Camper		
Area of Residence		
Primary Phone Number		
Secondary Phone Number(s)		

While we require the above Information Form to be completed before going on trip, you must raise all possible issues with your doctor **and** with Camp Outlook. Common sources of problems on Camp Outlook trips are health and/or behavioural issues which were known to the camper, guardian, and/or referrer before the trip began. **If the camper has a health or behavioural issue it does not necessarily mean that they will not be able to participate.** If we know about an issue in advance we are usually able to accommodate it. In some cases however, it would not be in the best interest of the camper to go on the trip. In either case it is essential that we be aware of **ALL** possible concerns or considerations, **both medical and behavioural.** While all of our volunteer trip leaders receive extensive training, they are not professional counsellors, youth workers, or health care workers. Please contact us if you have any questions or concerns. Please use the space below to indicate any other information, not outlined above, which Camp Outlook should be aware of:

**I have read this form and confirm that all information is current, complete, and accurate. I have read and understand the document entitled "Camp Outlook Camper Letter of Eligibility" and have raised any potential issues with the Camp Outlook Camp Directors.**

Camper Signature:	Date:
Guardian Name:	Relation to Camper:
Guardian Signature:	Date:

Camper Name:

Please print clearly

# Camp Outlook Camper Waiver

Outlook Camping Inc. ("Camp Outlook") offers a variety of wilderness and outdoor experiences. These activities involve vigorous exercise in wilderness areas where outside assistance is not immediately available. While our trip leaders receive training in first aid and emergency procedures, and are obligated to follow our safety policy, the nature of the activities means that accidents are still possible. Camp Outlook and its trip leaders cannot be held responsible for accidents that happen despite our reasonable efforts to avoid them. **Furthermore, Camp Outlook is not responsible for incidents arising from failure of the Camper to follow the instructions of the trip leaders.** By signing the form below you confirm that you are aware of the nature of the program and the risks involved, and that you agree to not hold Camp Outlook and its members and trip leaders liable for injury and/or property damage.

If you have any questions or concerns about the nature of the program or the risks involved, call Camp Outlook at **613-544-6444** before signing this form. It is your responsibility to ensure that the Camper is physically and emotionally able to participate in Camp Outlook activities.

## CONSENT AND LIMITATION OF LIABILITY FOR CAMP OUTLOOK

I, the undersigned Guardian of \_\_\_\_\_ ("the Camper") agree that:

1. I am fully aware that Camp Outlook involves rigorous exercise in a wilderness setting and that given the nature of the program a certain amount of risk is unavoidable. I am also aware that although the trip leaders of Camp Outlook undergo training in first aid, water safety, and emergency procedures and are obliged to follow a strict safety policy, accidents are still possible, and in that knowledge I give my consent for the Camper to participate in the program.

2. In consideration for allowing the Camper to participate in the Camp Outlook's program I hereby waive, and release Camp Outlook and its members and trip leaders from any and all claims against Camp Outlook and its members and trip leaders, in connection with any and all causes of action which may arise, other than because of the negligence of Camp Outlook and its members and trip leaders, as a result of the Camper's participation in the program.

3. Furthermore, Camp Outlook is not responsible for and shall not be liable for incidents arising from the failure of the Camper to follow the instructions of the trip leaders.

**Please Initial:** \_\_\_\_\_

4. I give permission for the Camper to be a passenger in the Camp Outlook bus, privately owned vehicles, and/or rental vehicles, driven by a Camp Outlook volunteer.

**Please Initial:** \_\_\_\_\_

**CONTINUED ON THE FOLLOWING PAGE**

Camper Name:

Please print clearly

5. I give permission to the trip leaders of Camp Outlook to do what is necessary to care, provide for, protect, and supervise the Camper, which includes giving consent for emergency medical attention as necessary to ensure that the Camper is as safe as possible from further injury.

6. I am aware of no physical or other concerns, which I have not disclosed to the Camper's doctor **and** to Camp Outlook, which may, in any way, affect the participation of the Camper in the Camp Outlook program. I have completed and not omitted any information from the "Camp Outlook Camper Information Form".

**Please Initial:** \_\_\_\_\_

7. I have read and understand the document entitled "Camp Outlook Camper Letter of Eligibility" and have informed Camp Outlook of all possible issues described in the Letter.

**Please Initial:** \_\_\_\_\_

8. I am aware that Camp Outlook volunteers and campers may bring cameras with them on trip for personal use. While Camp Outlook instructs its volunteers to not share or otherwise make available identifiable images of the Camper, I am aware that Camp Outlook cannot control and cannot be held responsible for the use of images or other recordings taken by other campers.

9. **Mark one: I DO** \_\_\_\_\_ / **I DO NOT** \_\_\_\_\_ give permission for non-identifiable images (silhouettes, etc.) and/or other non-identifiable recordings of the Camper captured during Camp Outlook activities, through any means, to be used solely for the purposes of Camp Outlook promotional materials and publications, and waive any rights of compensation or ownership. Camp Outlook will not use identifiable images of the Camper for any purpose without first having additional explicit consent from both the Camper and their Guardian.

10. I am aware that there is no fee for the Camper to attend Camp Outlook. Any donation I make to Camp Outlook is voluntary, will not affect the Camper's experience in any way, and cannot be refunded for any reason.

11. If any provision of this agreement is determined to be invalid or unenforceable in whole or in part, such invalidity or unenforceability shall attach only to such provision or part thereof and the remaining part of such provision and all other provisions thereof shall continue in full force and effect. I expressly agree that this agreement is intended to be as broad and inclusive as permitted by the laws of the Province of Ontario. This agreement shall be governed by and construed in accordance with the laws of the Province of Ontario.

**I have read, understand, and agree to all of the above.**

Guardian Name:	Relation to Camper:
Guardian Signature:	Date:

# Camp Outlook Camper Letter of Eligibility

## **VERY IMPORTANT - PLEASE READ CAREFULLY**

### **THE FOLLOWING RESTRICTIONS ARE FOR SAFETY REASONS**

Depending on the situation, we may be able to accommodate a camper with some of the following, but we **MUST** be well informed beforehand so we can adequately prepare and ensure the safety of **ALL** campers and trip leaders on the trip. **We must know if the camper:**

1. Is younger than 13 or older than 17;
2. Weighs less than 90lbs (40kg) or more than 240lbs (110kg). If so, please contact us to make sure we can help them succeed with the physical aspects of trip;
3. Has, within the past year, wet their bed more than once a month and/or on consecutive nights;
4. Has, within the past year, been hospitalised for asthma and/or an allergic reaction;
5. Has a severe allergy to food, insect stings (bee, wasp, hornet, ...), and/or other allergens to the extent that a doctor has prescribed epinephrine for treatment if they are exposed;
6. Is epileptic and has, within the past year, had a seizure at any time, and/or has changed treatment medications within three months of the scheduled tripping date;
7. Is pregnant, diabetic, and/or has any chronic, recurring, and/or life threatening medical condition which may require hospitalisation and/or may make it unsafe for them to be on the trip;
8. Has a history of disordered eating, self injury, suicidality, running away, serious mental health conditions, and/or serious psychiatric illness which may make it unsafe for them to be on the trip;
9. Has a history of sexually abusive and/or molesting behaviour towards any other persons, of any gender, of any age, including, but not limited to, acting in a sexually aggressive, sexually inappropriate, and/or sexually harassing manner;
10. Has a history of violent behaviour including, but not limited to, violent behaviour involving weapons, an explosively violent temper, and/or a history of aggressive behaviour towards others including, but not limited to, those in authority.

If any of this is unclear, or if you are unsure if a potential camper is eligible, please contact us at **613-544-6444**. If they are not eligible to trip with us we may be able to suggest an alternative.